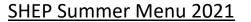
## SHEP TIMETABLE YCB AUGUST 2021

Week 1 YCB 2 <sup>nd</sup> August – 6 <sup>th</sup> August					
	Monday	Tuesday	Weds	Thurs	Fri
8.30-9.00	Pick ups				
9.00-9.30	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9.30-10.30	Team building	Dodgeball	Nutritional	Rounders	Nutritional
Activity 1	activities		activities		Activities
10.30 - 10.45	Break	Break	Break	Break	Break
10.45-12.15	Basketball /	Atomic touch	Rounders	Football	Kwik Cricket
Activity 2	netball	rugby			
12.15-1.00	Lunch	Lunch	Lunch	Lunch	Lunch
1.00-2.00	Digital games /				
	learning	learning	learning	learning	learning
2.00	Drop offs	Drop offs	Drop offs	Drop offs	Drop

Week 2 YCB 9 <sup>th</sup> -13 <sup>th</sup> August					
	Monday	Tuesday	Weds	Thurs	Fri
8.30-9.00	Pick ups				
9.00-9.30	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9.30-10.30	Nutritional	Nutritional	Multi sports	Nutritional	Multi sports
Activity 1	activities	activities		activities	
10.30 – 10.45	Break	Break	Break	Break	Break
10.45-12.15	Rounders	Health related	Basketball /	Football	Athletics
Activity 2		fitness	netball		
12.15-1.00	Lunch	Lunch	Lunch	Lunch	Lunch
1.00-2.00	Digital games /				
	learning	learning	learning	learning	learning
2.00	Drop offs				

Week 2 YCB 16 <sup>th</sup> -20 <sup>th</sup> August					
	Monday	Tuesday	Weds	Thurs	Fri
8.30-9.00	Pick ups				
9.00-9.30	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9.30-10.30	Nutritional	Nutritional	Multi sports	Nutritional	Multi sports
Activity 1	activities	activities		activities	
10.30 - 10.45	Break	Break	Break	Break	Break
10.45-12.15	Rounders	Health related	Basketball /	Football	Athletics
Activity 2		fitness	netball		
12.15-1.00	Lunch	Lunch	Lunch	Lunch	Lunch
1.00-2.00	Digital games /				
	learning	learning	learning	learning	learning
2.00	Drop offs				

This timetable is subject to change depending on weather and sporting facilities available.





Week 1

Week 2 Week 3

Monday	Monday	Monday	
Cheese & Tomato Pizza	Frikadellen	Cheese & Tomato Pizza	
Potato Smiles or Jacket Potato or Pasta	Potato Waffles or Jacket Potato or Pasta	Sauté Potatoes or Jacket Potato or Pasta	
Baked Beans or Seasonal Salad	Baked Beans or Carrot Sticks and Beetroot	Baked Beans or Seasonal Salad / Coleslaw	
Homemade Chocolate & Mandarin Sponge & Custard	Homemade Chocolate Cookie	Homemade Peach Sponge & Custard	
Tuesday	Tuesday	Tuesday	
Oven Baked Pork Sausage with Gravy	Oven Baked Pork Sausage with Yorkshire Pudding and Gravy	Homemade Minced Beef Pie and Gravy	
Creamed Potatoes or Jacket Potato	Boiled Potatoes or Creamed Potatoes or Jacket Potato	Creamed Potatoes or Jacket Potato	
Broccoli, Carrots or Seasonal Salad	Broccoli or Carrots or Seasonal Salad	Green Beans or Garden Peas or Carrots	
Chocolate Rice Krispie Cake	Homemade Fruit Sponge & Custard	Assorted Fruit Yogurt Pots	
Wednesday	Wednesday	Wednesday	
Homemade Chicken Curry with Homemade Bread	Homemade Beef Bolognaise / Garlic Bread	Crispy Crumbed Breaded Chicken Breast Fillet	
Boiled Rice or Jacket Potato	Pasta or Jacket Potato	Boiled Potatoes or Jacket Potato or Spaghetti Hoops	
Garden Peas & Sweetcorn or Seasonal Salad	Garden Peas or Sweetcorn or Seasonal Salad	Sweetcorn or Grated Carrot and Beetroot Salad	
Raspberry Ripple Ice Cream Roll	Mini Donut	Homemade Biscuit & Fruit Wedges	
Thursday	Thursday	Thursday	
Roast Beef & Yorkshire Pudding with Gravy	Roast Chicken with Homemade Stuffing & Gravy	Roast Turkey with Homemade Stuffing and Gravy	
Boiled or Creamed Potatoes or Jacket Potato	Boiled or Creamed Potatoes or Jacket Potato	Boiled Potatoes or Jacket Potato	
Peas or Carrots or Seasonal Salad	Garden Peas or Cabbage or Seasonal Salad	Carrots or Broccoli or Seasonal Salad	
Homemade Biscuit & Fruit Wedge	Fresh Fruit Salad & Ice Cream	Mandarin Orange Jelly & Ice Cream	
Friday	Friday	Friday	
Breaded Birds Eye Fish Fingers	Baked Breaded Fish	Breaded Birds Eye Fish Fingers	
Chipped Potatoes or Jacket Potato or Pasta	Chipped Potatoes or Jacket Potato or Pasta	Chipped Potatoes or Jacket Potato or Pasta	
Baked Beans or Seasonal Salad	Baked Beans or Cucumber Sticks / Seasonal Salad	Baked Beans or Garden Peas	
Homemade Marble Sponge & Custard	Homemade Sponge & Custard	Eves Sponge Pudding & Custard	

Available daily:- ●Fresh Fruit Bowl Choice ● Pasta ● Seasonal Salads ● Wholemeal Bread ● Jacket Potatoes A daily choice of Chilled Fruit Juice, Milk or Water is available.

For reasons beyond our control, the menus may have to be changed at short notice, please check your individual schools for menu updates.